Anti-Social Behavior Among Pakistani Students: Causes and Effects in the Light of Islamic Teachings

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Abstract

There is a wide spread problem that ours in an era of violence and we are witnessing an exceptional outburst of anti -social behavior throughout the world. Young students are extensively discerned as being rowdy and anti- social as well as they commonly victimize of illegal activities. It is wide spread issue in all societies is to have practices of violence, aggression and prejudicing behavior of young students. It is experienced that sometime a person harms himself and sometimes other human being victimized. The question is what are factors causing aggression and violence among the students? The answer to this question is there are some rationales; broken family, lack of guidance, weakening of the religious practices and ethical attitudes became main causes of this most thought full problem. Anti-social behavior is strictly prohibited by Allah Almighty in Islam and social harmony and peace is encouraged by equal measure. One of the reports in Bukhari(810AD-870AD) reports from Prophet of Islam, Muhammed (PBUH) A believer is he whose other believers remain safe from the wickedness of his hand and tongue. Islam has given great stress on keeping, promoting and encouraging peace and harmony and social leniency among the people. Because Islam gives

complete code of life for character building of students and its social norms and values have great significance. As well as Islam demoralize violence in sura Baqarah (205) *Wa Allahu la yuhibbu-al-fasad.* The present paper will attempt to understand a study of causes and reasons of violence and aggression among the students which has become the pressing need of today owing to the escalation of extremism and violence in the world in the light of Islamic teachings.

Key words: Aggression, harmony, Youth, Anti-Social, Islam

Introduction

"Anti -social behavior means Stunted behavior that can cause harassment, nuisance, alarm, or upset local communities as well as individual residents. (it includes) criminal offences such as drug dealing, street prostitution, ravaging and luxury. But it also includes non-criminal acts such as rowdy behavior, playing loud music and skateboarding or playing ball games in restricted areas." (Independent commission on Youth Crime and Antisocial behaviour,2009)

Literature Review

My first preference is from the figures of scrutiny of "NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NCCMH)"review team. Due to the complex ascertainment and broad embodiment of violence and aggression, its full economic impact is difficult to measure and, to date, no consequential effort has been done to estimate this for the UK.

Another preference is from American papers in which college situation is presented as majority of their youth studying colleges and universities are prone to participate in illegal activities. In 2005 the American College Health Association (ACHA) released its Campus Violence White Paper (Carr,2005) to inscription violence motif on college campuses and identify beneficial thwarting and retaliation practices. According this report, many queries about the perfection entirety of college crime details remain unveil because

colleges are forced to show the positive image in order to recruit students and attract fund givers.

"Lowa State University" has presented calculation of study that video games violence affects students badly. As well as the report of" National Union of Students(NUS)" between (2009 -2010), has resulted that the innovative facts that the issue of violence against women students is now increasing in educational institutes in UK.

Another report has grabbed my interest, "A Desk Review April 2016 by UNICEF" South Asia, has released that "GBA" School Related Gender based Violence" published that violence and aggression has rapidly grabbed the students and destroyed their moralities.

The Anti-Narcotics Policy (2010) of Pakistan trying to eradicate aggressive behavior among university students. Its focuses to re-activate existing National Drug Law Enforcement Institutions, produce an effective coordination , control mechanism and mobilize Pakistani students.

Importance of Work

Although available evidence indicates the problem is pervading across the region, there is a lack of comprehensive data of extent and influence of anti-social behavior among the young generation. I hope, this research work would contribute a lot in expanding the knowledge in the light of Islam base for addressing violence among the students. This work will assist individuals, government, international organizations, civil society and human rights bodies as well as for policy makers for reduction all kind of anti-social behavior in young generation. It is suggests that acknowledgement of young people's perceptions of values would be assist for shaping their moral character. It will also provide effective and clear strategies to eradicate attitude behavior linked with the transition period and peace in society.

Objectives

1.   The objectives of the current study are finding out the social norms about aggression by young generation.

2.   Assessing the causes of Anti -social behavior in young generation

3.   Acknowledge the socio-economic factors which create aggression

4.   Point out the effects of anti- social attitude by the young generation on their character building as well as on society

5.   Present a comprehensive livelihood custom about peace and social harmony in society.

Understanding the meaning of Social Harmony in Islam

Meaning of Islam is " Tasleem" according the will of Allah Almighty with the belief that he is One and only able to worship. Another meaning of Islam is " Obsequiousness" to Allah and also promoting peace (*salam*) by virtue of his very "act of capitulate" or "Tasleem". Islam has focused on" Respect and Dignity of Human beings" regardless race, color and religion So the stability of international peace and social leniency can create Unprecedented society. Islam gives much importance to social stability and human respect Holy Quran says:

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[يَآ اَيُّهَا النَّاسُ اِنَّا خَلَقْنٰكُمْ مِّنْ ذَكَرٍ
وَّ اُنْثٰى وَجَعَلْنٰكُمْ شُعُوْبًا وَّقَبَاۤ اِلَ
لِتَعَا رَفُوْ اۤ ۰ اِنَّ اَكْرَمَكُمْ عِنْدَ اللّٰہِ
اَتْقٰىكُمْ]^{1}
$$

O mankind! we have generated you man and
woman, and have fabricated for you nations and
tribes that you may know one another. He, who
is the best in conduct, the noblest, in the sight of
Allah Almighty.[2]

Abu Moosa (died in 672) narrated : The Messenger of Allah " peace be upon him" was asked : O Messenger of Allah Almighty! Whose Islam is better? he answered: It is who, who avoid harming Muslims with his tongue and hands."[3]

A true Muslim has to perform duties which he must perform toward his Sustainer, others towards himself, his family, his society and beyond that towards even the whole of humanity. Young generation is the precious treasure for the nations to whom depends the future of the nation and they

are also constructor of the society. Anti -social and aggressive behavior demolishes the peace and social stability of society and the abhorrence trends occupies the social leniency as well as it has the worst impact on young generation's character. Islam envisaged a society in which a close relation of brotherhood among the people of society. Islam emphasized on the character building of young generation so that they may stick to the moral values for creating peace and social harmony in society.

Aggression

International definition of aggression is "An aggression act is any form of behavior designed to harm or injure another living being who is motivated to avoid such treatment." There are two main kinds of aggression.

1. *Antagonistic aggression: In which, an act of aggression is done by perpetrator for harm and injure his opposite person.*

2. *Instrumental aggression*: In which the purpose of offender to occupy the object space or privileges. [4]

Causes and Effects

Personality development and character building of youth have great importance in social stability . Youth who lack skills to manage their anxiety and prone to outburst in society. Which jeopardizes their ability to make and maintain positive peer relationship which creates societal bonds. Multiple research has shown that societal harmony are effective in increasing emotional self control ,decreasing behavioral symptoms and improving the social adjustment of youth. Parents and teachers are can promote social harmony which can reduce aggression and violent in youth generation at institutions and homes.(b) There are some main causes of anti- social behavior.

1.   Socio-economic Problems

2.   Behavioral Problems

3.   Lack of Spiritual guidance

Islam explains relationship between man and God and man and man.it prescribed a moral code , enunciates the principles of brotherhood and

mutual harmony to create the lenient behavior in society. Poverty, Drugs addiction, Immoral activities leads to aggressive and violent behavior.

Socio Economic Problems:

The effect of economic recession which continue to reverberate through our poorest communities as increasing unemployment, bear down most heavily on who manage their livelihood with studies. The problem of poverty are infinitely complex. The causes as well known are political, economic, social, historical, geographical agricultural………but

There is pressing need of today to eradicate poverty that a refined and sophisticated analysis must be done on practical and effective basis so that it may be help full to sort out student's economic problems. It would be helpful to empowering economic condition of young students. The technology and the knowledge to sort out this problem are now available as well as Islamic guidance give us an ample solution to poverty reduction.[5] Charity, Alms, Zakat, Trade, property share are all the sources of poverty reduction in Islam. As we found that religious directions always may obliging not only for individual but for the whole society fellows. It is paid either obligatory called" Zakat" or voluntary charity called" Alms" is highly appreciated and encouraged in Islam for maintenance the socio-economic balance in society[6].Financial help(Charity/Alms) create healthy environment among underprivileged persons so they can carry on their small business as well as it reduces poverty and unemployment in society. According the general population survey, religious fellows were 40 percent more generous likely than their secular peer to grant money to charities/Alms and more than doubly as likely to clients. On the other hand , Volunteers who have compassion for the deprived religious followers were 23 percent points more likely to contribute donation at least per year and 32 percent points more likely to grant monthly than were their temporal fellows.[7]

Drugs addiction:

 Due to anti -social behavior mostly the young generation indulge in drug-addiction make take to several other crimes for relief their aggression. Such a

behavior is more likely occur among those young men who have been put to abuse themselves at some stage of their early life. A survey team have been reported the figures that adults 25 to 44 have the higher rate of drinking but young adults 18 to 24 have the highest rate of heavy drinking. Alcohol and Illicit drugs have created main social problems among the young generation.[8]

All the illicit drugs have harmful physical effects itself as well as psychological and social behavioral problems also. Most of the indirect dangers arise from drugs effects on aggression. It can also lead to more aggressive behavior .Both laboratory experiments and crime statistics have shown a relationship between drugs and aggression. Such youth often grown up in an environment marked by lack of parental warmth and communication.

Islam has strongly prohibited for use drugs. Allah says:

يَآ اَيُّهَا الَّذِيْنَ اٰمَنُوٓا اِنَّمَا الْخَمْرُ] وَ الْمَيْسِرُ وَ الْاَنْصَابُ وَ الْاَزْلَامُ رِجْسٌ مِّنْ عَمَلِ الشَّيْطٰنِ فَاجْتَنِبُوْهُ لَعَلَّكُمْ تُفْلِحُوْنَ] [9]

Islamic teachings of character building are more accurate than other religions. In the Holy Quran:

يٰٓاَيُّهَا الَّذِيْنَ اٰمَنُوْا لَا يَسْخَرْ قَوْمٌ] مِّنْ قَوْمٍ عَسٰٓى اَنْ يَّكُوْنُوْا خَيْرًا مِّنْهُمْ وَلَا نِسَاءٌ مِّنْ نِّسَاءٍ عَسٰٓى اَنْ يَّكُنَّ خَيْرًا مِّنْهُنَّ] [10]

A person ,who follows religious restrictions, remain conscientious in his life and religious guidance may prove extensive restraining outcome on the possibility of involving in drugs, Religion appears as a strong association for young ones in juvenile living in higher risk locality ,where due to affirmed religious practice concur with considerable falling off usage of drugs. [11] It is observed that countless studies signified a notable consortium between religious practice and vigorous behavioral habits including cigarettes, alcohol and drugs. Higher level of religious involvement of young men have lower rates of abuse and addiction.[12]

Immoral activities:

Video games and media violence have much attraction and influence on young generation. Lowa state University found after six month study that video games violence effect badly on young students because they become more aggressive and violent because they think that violent and rowdy behavior is solution of their problems. According an analysis in which 2,500 youth were interviewed ,showed that elementary students whose three video games contains violence were 73% more likely to be more aggressive than those whose dearest were both violent and non-violent.[13] A research study has revealed that violence in games is associated with aggression and violence high lights that societal violence can create media violence in the society.

It has implications for acts everyday aggression like bullying and saying cruel things, or sabotaging other people, relationship that are seen as important in homes, educational institutes and professional practice.[14] A lot of research has been conducted on the impact of violent games on aggressiveness .When these games appeared in the late 1970'they contained little or non-violence, but by the 1990 violent versions such as Mortal Kombat, An American media video game released in 1992 and Street Fighter; French video game released in 1987, has became extremely popular for example, PUBG, a South Korean online video game has became the most popular in Pakistani students. One survey of fourth-graders found that 59% of girls and 73% of boys preferred violent games.[15]

Islam has forbidden any use less activity. The Prophet of Islam Hazret Mohammed (PBUH) said:

> ”مــن حسن االسلام تــرک الــمرٔ لا يــعنــيمٕ“

> "Man should leave every useless thing because it
> is the beauty of Islam".

Islamic teachings has given stress on remain busy in fruitless activities and discourage wasting the time in worthless activities.

Behavioral Problems

Behavior has great impact on young generation's character. Specifically, the study seeks to understand how adults (parent, teachers) respond to reform in terms of their different problems. [16]

Man is a social animal can't live without society. Young generation became victimize to aggression and violence when they fell in behavioral issues. The root causes are unstable home, institutional problem and social disorders.

Unstable home

A broken home due to parental disorder, disharmony or separation is tragic for the development of young generation. Environment has a decisive in shaping the destiny the youth. Some of the parental environment is given parental rejection, parental dominance, criticism and over expectations etc.

When researchers start to study the development they observed the assumption that parents behavior and acknowledgment of young's problems can perform vital role in nourishment youth aggressiveness inclination. Unloving and cold behavior of parents which apply power-assertive trends and commonly allow their children to express violent and aggressive impulsive often create stubbornness in youth. Rejecting and careless parents are frustrating their youngsters emotional needs sculpting a lack of concern to others by virtue of their apathy. The permissive parent is legitimizing combative activities and failing to provide many opportunities for the youth to control aggressive impulses. Although parental attitude and child-rearing practices certainly contribute to child's aggression and anti-social conduct the dissection of influence may also flow in the opposite direction from child to parent. [17]Violent behavior of a teacher may intensify the feeling of disinterest in the students. He may interpret home and institute as a joint plot designed to harass him. Combination of inadequate resources at home, low motivation, little faith in success, leads to retarded success in the institute and life as a whole.[18]

Broken family and institutional misguidance leads youth to disappointment and anti-social activities. Many young suffer from mental disorder due to deprivation of affection and love by parents it is called "Pathologic

egocentricity and Incapacity for love" in the literary term.[1] Religious practice can play a pivot role to character building. Late David Larson of the Duke University Medical School and Colleagues calculated sociological literature reviews indicated that religious practices may prove the most important for teller of marital stability.[19] Parents who follow religious attendance are more probable to strengthen relationship with their children, It may increase higher expectations for sound relationship in their future, a greater sensation of commitment to stay in systematic contact with their children.[20] Islam gives a responsibility to parents as well as teachers for youth character building, Prophet Mohammed says:

<div dir="rtl">
"كـلـكم راع و كـلـكم مـسئـول عن رعيـيـتم"[21]
</div>

You are all the caretaker and you are all the answerable for your attendants.

Lack of Spiritual Guidance:

In Islam, social harmony should be given a priority more than personal interest for peace and stability in society. Social behavior and peaceful environment will create a mutual respect .This concept indirectly solve the extreme theory anthropocentrism that put commercial value as the utmost importance in determining the hierarchy of social harmony in society. Allah Almighty has given a command to adults, parent, teachers to teach the moral values and social norms to young generation. In Holy Quran Hazret Luqman said;

<div dir="rtl">
يٰـبُـنَـيَّ لَا تُـشْرِكْ بِـالـلـٰـهِ ۚ إِنَّ الـشِّرْكَ لَـظُـلْمٌ عَظِـيْمٌ[22]
</div>

In this verse there is impact of Spiritual guidance in the belief of "Oneness of Allah." Whereas in second part of this verse to forbidden of "Polytheism" is a sign of social stability also.

Then Hazret Luqman taught his son about the social norms. He said:

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[1] Jonas R.Rappeport, Anti Social Behavior(E book International Psychotharapy Institute 2016)p-13

يٰبُنَيَّ اَقِـمِ الـصَّلٰوةَ وَاْمُـرْ]
بِـالْـمَعْرُوْفِ وَانْـهَ عَنِ الْـمُنْكَرِ وَاصْبِـرْ
عَلٰى مَآ اَصَابَكَ ٠۝ اِنَّ ذٰلِكَ مِنْ عَزْمِ
الْاُمُوْرِ۝ وَلَا تُصَعِّرْ خَدَّكَ لِـلنَّـاسِ وَلَا
تَـمْشِ فِـي الْاَرْضِ مَـرَحًا ٠۝ اِنَّ الـلّٰہَ لَا
يُـحِبُّ كُلَّ مُخْـتَـالٍ فَخُـــوْرٍ[23]

In these verses ,there is an indication of anti –social behavior .Allah Almighty said "Neither turn your faces away from people in contempt, nor move on the earth haughtily. Surely Allah does not love any arrogant boaster. " *Tussa er Khaddak*", "*maraha*" are the causes of discrimination and abhorrence among the youths.

Prophet Of Islam Hazret Mohammed (s.a.w) always focused on the nation building because Prophet Mohammed was able to transform the most savage Arabs to be the people of virtue.

Islam has raised the status of the Teacher .Prophet of Islam also became in this world as "A Preacher/Teacher also. He (peace be upon him) said:

كلكم راع وكلكم مسئول عن رعيتة[24]

According the above mentioned hadith, Parents and Teachers are given the responsibility of the nation building and evaluators their characters.

Conclusion:

Islam motivates followers to have a good personality and has underlined certain principles and guideline to Muslim which is promoted by the Prophet as a role model. Human morality can be defined as maintain the social stability and human respect. Islam recognizes the importance of morality, and the mission of the Prophet of Islam was to establish high morality in young generation.

Young generation has declined their social values due to aggressiveness and anti -social behavior. Socio economic problems, behavioral issues and lack of spiritual guidance are the main causes of violent behavior.

Undoubtedly, It is worldwide problem and it has transformed in alarming situation. So it is current need to sort out this conflict. The practice of

religion improves physical and mental health, academic achievement, and economic well being , self esteem, spirituality and social harmony among the youth. There is a major cause is seen that poor relation with parents and friends also create aggression in young.

According the facts and figures through survey report, it is proved in figure 1 and 2, that young want to strong relation with members of family at100%, whereas with friends 90% , with neighbors 80% and with others 60%In figure3,It is calculated that they remain 100% comfort and ease at home, 50 % at workplace and 40% at shopping areas . Lack of home affection urge them to search moral shelter from others. Healthy environment at home and sound relation with teachers and friends can play a vital role to reduce aggression and frustration among the young.
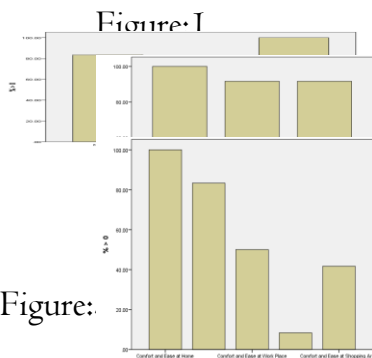
Figure:I

Figure:

1. Academy authorities should consider the socio economic problem of youth and make such policies which can reduce poverty.

2. Greater educational aspirations can contribute a lot for financial needs, especially among the needy students should encourage.

3. Parents- Child relations should be strong and healthy.

4. Pakistan is a under developed country so in the social welfare Organizations should play their active role to produce the sense of respect and social harmony among the young generation.

5. Electronic and Print media should release such program, talk shows and religious guidance which can enhance social stability and mutual cooperation in society.

6. Regular religious practice benefits individuals, families, communities and thus the nation as a whole. So religious practices should be encouraged by parents and teachers.

7. Parents should focus to improve the economic state of their siblings as well as spiritual guidance for them.

8. There should be available healthy environment at home to ease them.

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